



**Joon No's Taekwondo Open Championships – by Special Invitation
First Oceania Sparring Competition using WTF Approved
LaJUST Electronic Protectors**

PROUDLY SPONSORED BY MACQUARIE



Competition and Administration Information :

- All participants will use LaJUST Electronic Protectors
- Head kicks will be allowed for all ages
- Contest Duration :
 - Colour Belts
 - 13 and Under : 2 rounds x 1 ½ minute (30 seconds between rounds)
 - 14 – 17 : 2 rounds x 2 minutes (30 seconds between rounds)
 - Black Belts
 - 13 and Under : 3 rounds x 1 ½ minute (30 seconds between rounds)
 - 14 – 17 : 3 rounds x 2 minutes (1 minute between rounds)
- Competition starts at 9 am
- Each Club will appoint a Club Coordinator for the event
- Each Club will ensure own players insurance are in order
- Each Club will collate all applications, and send as one consolidated package
- Each Club will submit final players list on attached Excel Spreadsheet
- Excel Spreadsheet to be sent via email to joonostkd@hotmail.com
- Payments by cheque made payable to Joon No
- Application forms and payments to be sent to :
 - Joon No
 - 170 High Street
 - Doncaster
 - Victoria 3108
- Closing Date : 12 May 2008 Monday